

Additional information may be obtained from:
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1-888-GO-2-UMSL
Career Services: 314-516-5111
Undergraduate Teacher Education Services:
314-516-5937
<http://www.umsl.edu/>

UMSL Physical Education

Career Outlook

The employment outlook for physical educators in the schools continues to be very strong and positive, especially in the elementary and middle school levels. Placement in recent years has yielded full employment opportunities to University of Missouri–St. Louis graduates. Rising school enrollments and the expected retirement of a significant portion of currently employed teachers signal optimistic outlooks for the next few years. In addition to elementary, middle school, and high school physical education teaching, more limited opportunities exist in athletic training, dance, research, sports management, personal training, and exercise leadership fields serving persons of all categories.

General Information

The Physical Education program is housed on the second floor of the Mark Twain Building. Information about offerings and related matters may be obtained in the program office, 234 Mark Twain, 516-5226.

At the undergraduate level, this work leads to the B.S. in education degree with emphasis in either K-9 or K-12 physical education.

The master of education degree in elementary and secondary education provides courses for graduate students who choose physical education as their teaching field. Graduate students should consult their advisors about the requirements.

Undergraduate Studies

Bachelor of Science in Education: Physical Education

General Education Requirements (42 hours required):

Humanities

Three courses from two of the following fields: music appreciation (excluding applied music), art appreciation, philosophy, and literature .

English and Communication Skills

ENGL 1100, Freshman Composition

ENGL 3100, Advanced Expository Writing

COMM 1040, Public Speaking

Social Studies

HIST 1001 or 1002, American History

POLSCI 1100, American Politics

POLSCI 1003, General Psychology

Science

One course in a physical or earth science; one course in a biological science. At least one of these courses must have a laboratory component.

Mathematics

One college-level mathematics course, Math 1020 or Math 1030.

Note: All of the courses above must be a minimum of two semester hours.

Kindergarten through 9th grade

Level I - Exploring Education as a Profession

TCH ED 2210, Introduction to Teaching

TCH ED 2211, Introduction to American Schools

TCH ED 2212, Introduction to Learners & Learning

Departmental Requirements (31 hours to be taken with Level I courses):

PHY ED 3261, Physical Activity for the Exceptional Learner

PHY ED 3267, Performance Analysis in Physical Education

PHY ED 3275, Psychological Aspects of Physical Education

PHY ED 3277, Historical/Philosophical Foundations of Physical Education and Sport

PHY ED 3280, Human Anatomy and Physiology

PHY ED 3282, Physical Growth and Motor Development

PHY ED 3283, Kinesiology

PHY ED 3284, Physiology of Human Exercise

PHY ED 3285, Sports Medicine

PHY ED 3434, Teaching of Wellness & Health Related Fitness Concepts

Level II - Analyzing the Nature and Processes of Education

Must be admitted to the Teacher Education Program to enroll in the following courses:

TCH ED 3312, The Psychology of Teaching & Learning

TCH ED 3313, Introduction to Learners with Disabilities & Inclusive Education

TCH ED 4391, Teaching Reading in Secondary School Content Areas

Departmental Requirements (14 hours to be taken with Level II professional education courses):

PHY ED 3420, Teaching of Skills: Movement/Rhythm

PHY ED 3421, Teaching of Skills: Dance

PHY ED 3422, Teaching of Skills: Grades PK-4

PHY ED 3423, Teaching of Skills: Grades 5-9

PHY ED 3468, Curriculum & Methods of Teaching Physical Education

Level III - Synthesizing Theory and Practice in Education

Entrance into Level III is based on successful completion of all course work in Levels I and II:

PHY ED 3990, Student Teaching, K-5

PHY ED 3991, Student Teaching, PE 5-9

ATTENTION EDUCATION MAJORS: Professional education courses must be completed with a grade point average of 2.50 and no grade lower than a C (2.0). The Praxis exam must be passed before students can graduate or become certified.

Kindergarten through 12th grade

Level I - Exploring Education as a Profession

TCH ED 2210, Introduction to Teaching

TCH ED 2211, Introduction to American Schools

TCH ED 2212, Introduction to Learners & Learning

Departmental Requirements (33 hours to be taken with Level I courses):

PHY ED 3261, Physical Activity for the Exceptional Learner

PHY ED 3267, Performance Analysis in Physical Education

PHY ED 3275, Psychological Aspects of Physical Education

PHY ED 3276, Social Foundations of Physical Education & Sports

PHY ED 3277, Historical/Philosophical Foundations of Physical Education and Sport

PHY ED 3280, Human Anatomy and Physiology

PHY ED 3282, Physical Growth and Motor Development

PHY ED 3283, Kinesiology

PHY ED 3284, Physiology of Human Exercise

PHY ED 3285, Sports Medicine

PHY ED 3434, Teaching of Wellness & Health Related Fitness Concepts

The following professional education courses are required

Level II - Analyzing the Nature and Processes of Education

Must be admitted to the Teacher Education Program to enroll in the following courses:

TCH ED 3312, Psychology of Teaching & Learning

TCH ED 3313, Introduction to Learners with Disabilities & Inclusive Education

TCH ED 4391, Teaching Reading in Secondary School Content Areas

Departmental Requirements (18 hours to be taken with Level II professional education courses):

PHY ED 3420, Teaching of Skills: Movement/Rhythm

PHY ED 3421, Teaching of Skills: Dance

PHY ED 3422, Teaching of Skills: Grades PK-4

PHY ED 3423, Teaching of Skills: Grades 5-9

PHY ED 3424, Teaching of Skills: Grades 9-12

PHY ED 3468, Curriculum & Methods of Teaching Physical Education

Level III - Synthesizing Theory and Practice in Education

Entrance into Level III is based on successful completion of all course work in Levels I and II.

Two of the following three courses:

PHY ED 3990, Student Teaching, K-5

PHY ED 3991, Student Teaching, PE 5-9

PHY ED 4992, Student Teaching, PE 9-12

ATTENTION EDUCATION MAJORS: Professional education courses must be completed with a grade point average of 2.50 and no grade lower than a C (2.0).

Athletic Coaching Minor

An athletic coaching minor is available (minimum of 20 hours). The following physical education courses are required:

PHY ED 3275, Psychological Aspects of Physical Education

PHY ED 3280, Human Anatomy and Physiology (this course is a prerequisite to 3283, 3284, and 3285)

PHY ED 3283, Kinesiology

PHY ED 3284, Physiology of Human Exercise

PHY ED 3285, Sports Medicine

PHY ED 3424, Teaching of Skills: Grades 9-12

PHY ED 5312, Management of Sports Programs

PHY ED 5330, Prescribing Physical Activity

Most courses apply to, but do not complete, teaching certification in Missouri.

Graduate Studies

Degrees and Areas of Emphasis

M.Ed. programs are offered in counseling, educational administration, elementary education, secondary education, special education, and adult and higher education. Within the counseling program are the emphasis areas of elementary, secondary school counseling, and community counseling. Within the Educational Administration program are the emphasis areas

of elementary administration, secondary administration, and community education. Within the Elementary Education program is the general emphasis area, reading, and early childhood education. Within the Secondary Education program are the general emphasis area, curriculum and instruction, reading, and middle school education. Within the Special Education program are the general emphasis area, and early childhood special education. Within the Adult and Higher Education program are the adult education and the higher education emphases.

Ed.S. Programs are available in educational administration and in school psychology. Programs leading to the Ed.D. Degree are offered in counseling education, teaching-learning processes, adult and higher education, and educational administration. Programs leading to the Ph.D. in Education Degree are offered in counseling, teaching-learning processes, educational psychology and research methods, and educational leadership and policy studies.

The University of Missouri–St. Louis is an affirmative action/equal opportunity employer committed to excellence through diversity.